What is Toujeo®?
Prescription Toujeo® is a long-acting insulin used to control blood sugar in adults with diabetes mellitus.
- Toujeo® contains 3 times as much insulin in 1 mL as standard insulin (100 Units/mL)
- Toujeo® is not for use to treat diabetic ketoacidosis
- Toujeo® should not be used in children

Important Safety Information for Toujeo® (insulin glargine injection) 300 Units/mL
Do not take Toujeo® if you have low blood sugar or if you are allergic to insulin or any of the ingredients in Toujeo®.

Do NOT reuse needles or share insulin pens even if the needle has been changed.

Before starting Toujeo®, tell your doctor about all your medical conditions, including if you have liver or kidney problems, if you are pregnant or planning to become pregnant or if you are breastfeeding or planning to breastfeed.

Heart failure can occur if you are taking insulin together with certain medicines called TZDs (thiazolidinediones), even if you have never had heart failure or other heart problems. If you have heart failure, it may get worse while you take TZDs with Toujeo®. Your treatment with TZDs and Toujeo® may need to be changed or stopped by your doctor if you have new or worsening heart failure. Tell your doctor if you have any new or worsening symptoms of heart failure, including:
- Shortness of breath
- Swelling of your ankles or feet
- Sudden weight gain

Tell your doctor about all medications you take, including OTC medicines, vitamins, and supplements, including herbal supplements.

Toujeo® should be taken at the same time once a day. Test your blood sugar levels daily while using insulin, including Toujeo®. Do not make changes to your dose or type of insulin without talking to your doctor. Verify you have the correct insulin before each injection. Your dose for Toujeo® may be different from other insulins you have taken. Any change of insulin should be made cautiously and only under medical supervision.

Do NOT dilute or mix Toujeo® with any other insulin or solution. It will not work as intended and you may lose blood sugar control, which could be serious. Use Toujeo® only if the solution is clear and colorless with no particles visible.

While using Toujeo®, do not drive or operate heavy machinery until you know how Toujeo® affects you. Don’t drink alcohol or use other medicines that contain alcohol.

The most common side effect of any insulin, including Toujeo®, is low blood sugar (hypoglycemia), which may be serious and can be life threatening. Severe hypoglycemia may cause harm to your heart or brain. Symptoms of serious low blood sugar may include shaking, sweating, fast heartbeat, and blurred vision.

Toujeo® may cause serious side effects that can lead to death, such as severe allergic reactions. Get medical help right away if you have:
- A rash over your whole body
- Shortness of breath
- Swelling of your face, tongue, or throat
- Extreme drowsiness, dizziness, or confusion
- Trouble breathing
- Fast heartbeat
- Sweating

Toujeo® may have additional side effects including swelling, weight gain, low potassium, and injection site reactions which may include change in fat tissue, skin thickening, redness, swelling, and itching.

Toujeo® SoloStar® is a disposable prefilled insulin pen. Talk to your doctor about proper injection technique and follow instructions in the Instruction Leaflet that comes with the pen.

Please click here for full Prescribing Information for Toujeo®.

Continue to page 2 to learn how to prepare for and inject Toujeo®
How to prepare for and inject Toujeo®
What you need to know

For more detailed injection instructions, click here or visit toujeo.com/starting-on-toujeo to watch a video guide.

1 Check your pen.
Take a new pen out of the refrigerator at least 1 hour before use, as cold insulin may be uncomfortable to inject. Always check the name and expiration date on the label of your pen to ensure you have the correct insulin.

With clean hands, remove pen cap and check to make sure insulin is clear. Do not use the pen if the insulin looks cloudy, colored or contains particiles. Wipe the rubber seal with an alcohol swab. If you see air bubbles, this is normal. Making sure you have the correct medicine is important, especially if you have other injector pens.

2 Attach a new needle.
Always use a new sterile needle for each injection. Do not reuse needles, and always use needles from BD (such as BD Ultra-Fine®), Ypsomed (such as Clickfine®) or Owen Mumford (such as Unifine® Pentips®). Take a new needle and peel off the protective seal. Keep the needle straight and screw it on to the pen until fixed. Do not over-tighten.

Pull off the outer needle cap and keep it for later. Then pull off the inner needle cap and throw away.

3 Do a safety test.
Always perform a safety test before each injection. Select 3 units by turning the dose selector until the dose pointer is at the mark between 2 and 4. Then press the injection button all the way in. When insulin comes out of the needle tip, your pen is working correctly. You may see air bubbles in the insulin. This is normal, they will not harm you.

If no insulin appears, you may need to repeat this step up to 3 times before seeing insulin. If no insulin comes out after the third time, change the needle and repeat this step. Do not use your pen if there is still no insulin coming out of the needle tip. Do not use a syringe to remove insulin from your pen.

Please see page 1 for full Important Safety Information for Toujeo®. Please click here for full Prescribing Information for Toujeo®.
How to prepare for and inject Toujeo®

What you need to know

4 Select the dose.

Do not select a dose or press the injection button without a needle attached. This may damage your pen. Making sure the dose is set at “0”, turn dose selector until it lines up with your dose. If you turn past your dose, turn back. If there are not enough units left for your dose, the selector will stop at the number of units left. You may need to split the dose into 2 injections depending on the size of your dose. To prevent jamming, do not play with or press the dial before using.

5 Inject the dose.

Choose a place to inject (abdomen, upper thigh or upper arm). Keeping the pen straight, push the needle into your skin, and then press the button all the way in with your thumb and hold. Do not press at an angle.

When you see “0” in the dose window, slowly count to 5. Release injection button and remove the needle.

6 Remove the needle.

Guide the needle straight into the cap and push firmly. The needle can puncture the cap if it is recapped at an angle. Grip and squeeze the widest part of the cap and turn the pen several times with your other hand to remove the needle. Discard the used needle and replace cap. Take care when handling needles to prevent needle injury and cross-infection. Do not put the pen back in the refrigerator. Only use your pen for up to 28 days after its first use.

Please see your patient information for storage recommendation.