

# My prescribed insulin treatment plan

## My treatment

- Medication: \_\_\_\_\_
- Starting dose: \_\_\_\_\_ Units per day
- Adjust by \_\_\_\_\_ Unit(s) every \_\_\_\_\_ day(s)  
until fasting blood sugar levels (before breakfast)  
reach target of \_\_\_\_\_ mg/dL
- In case of hypoglycemia, this is my plan: \_\_\_\_\_  
\_\_\_\_\_
- My A1C goal is: \_\_\_\_\_

